

*- caring of your temporary restoration -*

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**-WHEN AND WHAT CAN I EAT?**

-If there was anesthetic used during your procedure - please avoid chewing until the numb feeling has completely gone away.

-Avoid using the area where the temporary was placed for at least one hour in order to let the temporary cement fully set.

-Be advised to avoid eating hard or sticky foods on your temporary as these types of foods may cause the temporary to become loose or fall off.

**-CAN I BRUSH AND FLOSS?**

-Brush your teeth as you normally would - it is just as important to keep a temporary clean as it is to keep your other teeth clean.

-Do not floss your temporary - it will pop it off!

**-WHAT IF THERE IS DISCOMFORT?**

-You may experience some discomfort due to irritation to the area during the treatment procedure.

-You may also experience sensitivity to cold or pressure - the temporary restoration does not hold off cold like your other teeth or the permanent restoration will.

-Your new permanent crown will be shaped and shaded especially to your teeth - the temporary is made to serve you temporarily, so its color and fit are not custom-matched to your teeth.

**-WHAT DO I DO IF MY TEMPORARY COMES OFF?**

-If possible - save the temporary so we can recement it.

-Call us @ 312.642.3370. We are here seven days a week and will be able to get you in at your earliest convenience.