

- congratulations on your new veneers! -

-WHEN AND WHAT CAN I EAT?

-If there was anesthetic used during your procedure - please avoid chewing until the numb feeling has completely gone away.

-Avoid using the area where the veneers were placed for at least one hour in order to let the cement fully set.

-Always be aware that you have veneers - this includes being careful to avoid aggressive biting into items. You cannot use your veneers like you may have used your natural teeth to cut string, open plastic bags etc.

-CAN I BRUSH AND FLOSS?

-Brush your teeth as you normally would - it is very important to keep your veneers in great condition just like your other teeth.

-Floss your teeth as you normally would - it is very important to floss around veneers to keep the area healthy.

-WHAT IF THERE IS DISCOMFORT?

-You may experience some discomfort due to irritation to the area during the treatment procedure.

-If for any reason your bite does not feel even or balanced please call to come in and have us adjust it at your earliest convenience.