

- congratulations on your new white fillings! -

-WHEN AND WHAT CAN I EAT?

-If there was anesthetic used during your procedure - please avoid chewing until the numb feeling has completely gone away.

-CAN I BRUSH AND FLOSS?

-Brush your teeth as you normally would.

-Floss your teeth as you normally would.

-WHAT IF THERE IS DISCOMFORT?

-You may experience some discomfort due to irritation to the area during the treatment procedure.

-If for any reason your bite does not feel even or balanced please call to come in and have us adjust it at your earliest convenience.